**Progression of skills: PSHEE Year Two**

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| National Curriculum | * Non Statutory subject
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| Being me in my world | Hopes and fears for the yearRights and responsibilitiesRewards and consequencesSafe and fair learning environmentValuing contributionsChoicesRecognising feelings |
| Celebrating differences | Assumptions and stereotypes about genderUnderstanding bullyingStanding up for self and othersMaking new friendsGender diversityCelebrating differences and remaining friends |
| Dreams and goals | Achieving realistic goalsPerseveranceLearning strengthsLearning with othersGroup co-operationContributing to and sharing success |
| Healthy me | MotivationHealthier choicesRelaxationHeathy eating and nutritionHealthier snacks and sharing food |
| Relationships | Different types of familyPhysical contact boundariesFriendship and conflictSecretsTrust and appreciationExpressing appreciation for special relationships |
| Changing me | life cycles in naturegrowing from young to oldincreasing independencedifferences in female and male bodies (correct terminology)assertivenesspreparing for transition |
| Support |  |
| More Able |  |