**Progression of skills: PSHEE Year Two**

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| National Curriculum | * Non Statutory subject |
| Being me in my world | Hopes and fears for the year  Rights and responsibilities  Rewards and consequences  Safe and fair learning environment  Valuing contributions  Choices  Recognising feelings |
| Celebrating differences | Assumptions and stereotypes about gender  Understanding bullying  Standing up for self and others  Making new friends  Gender diversity  Celebrating differences and remaining friends |
| Dreams and goals | Achieving realistic goals  Perseverance  Learning strengths  Learning with others  Group co-operation  Contributing to and sharing success |
| Healthy me | Motivation  Healthier choices  Relaxation  Heathy eating and nutrition  Healthier snacks and sharing food |
| Relationships | Different types of family  Physical contact boundaries  Friendship and conflict  Secrets  Trust and appreciation  Expressing appreciation for special relationships |
| Changing me | life cycles in nature  growing from young to old  increasing independence  differences in female and male bodies (correct terminology)  assertiveness  preparing for transition |
| Support |  |
| More Able |  |