



Relationships, Health & Sex Education (RHSE) Policy

Approval Date:	Summer 2021
Review Date:	Summer 2022

[1 Corinthians 13:4-7](#)

Love is patient and kind; love does not envy or boast; it is not arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrongdoing, but rejoices with the truth. Love bears all things, believes all things, hopes all things, endures all things.

Aims

The aims of relationships, health and sex education (RHSE) at Churchfields, The Village School:

- Provide a framework in which sensitive discussions can take place
- Prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene
- Help pupils develop feelings of self-respect, confidence and empathy
- Create a positive culture around issues of sexuality and relationships
- Teach pupils the correct vocabulary to describe themselves and their bodies

Statutory Requirements

As a maintained primary school we must provide relationships education to all pupils as per section 34 of the [Children and Social work act 2017](#).

However, we are not required to provide sex education but we do need to teach the elements of sex education contained in the science curriculum.

At Churchfields, The Village School we teach RHSE as set out in this policy

How RHSE will be taught

RHSE is taught within the personal, social, health and economic (PSHE) education curriculum.

- Through the use of age appropriate teaching materials, taking account of religious and cultural backgrounds.
- By trained staff who receive regular updates on available teaching resources and who link with a school Governor for regular reviews.
- Through topics and themed work, to form a sound basis for children to learn more as they grow older.

Relationships education focuses on teaching the fundamental building blocks and characteristics of positive relationships including:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

Primary sex education will focus on:

- Preparing boys and girls for the changes that adolescence brings
- How a baby is conceived and born

These areas of learning are taught within the context of family life taking care to ensure that there is no stigmatisation of children based on their home circumstances (families can include single parent families, LGBT parents, families headed by grandparents, adoptive parents, foster parents/carers amongst other structures) along with reflecting sensitively

that some children may have a different structure of support around them (for example: looked after children or young carers).

Moral and Values Framework

The objective of RHSE is to help and support young people in their physical, emotional and moral development. RHSE will promote the spiritual, moral cultural mental and physical development of pupils and prepare them for the opportunities, responsibilities and experiences of adult life. Pupils will be encouraged to talk openly and their questions answered honestly in a way that respects diversity of cultures and family forms.

Organisation of RHSE

All class teachers are responsible for teaching RHSE to their own class although, support will be given if any teacher feels unable to undertake this.

The resource materials we use are comprehensive and supportive. If a teacher determines that they need additional training through the Continuing Professional Development process then this will be provided as requested.

In accordance with our Learning and Teaching policy, RHSE will be delivered using a variety of teaching strategies. Different learning styles will be considered and as a whole school approach Jigsaw PSHE scheme will be followed. Classes are generally organised in mixed sex groups, with the exception of some single sex teaching in Years 5 and 6 at the teacher's discretion.

Resources

Whole-school approach

Jigsaw covers all areas of PSHE for the primary phase including statutory Relationships and Health Education.

As there is a big focus on children understanding their emotions and those of people around them, our main resource is Jigsaw, composed by Jan Lever.

These resources have been chosen because we believe that they

- conform to the legal requirements for RHSE
- are appealing and age appropriate
- are appropriate in terms of language, images, attitude, maturity and understanding
- avoid racism, sexism, gender and homophobic stereotyping
- encourage active and participatory learning methods

Content

The use of Jigsaw PHSE scheme supports the teaching of aspects of RHSE.

Under the PHSE term topic of 'Changing Me', the children will cover the following aspects under each year group:

Year group	DFE recommendations	Key aspects
Year one	I can tell how my body has changed since I was a baby. I can identify the parts of the body that make boys different to girls and can use the correct names	Using the terms penis, testicles and vagina Resources: body part cards and PowerPoint.
Year two	I can recognise the physical differences between boys and girls, use the correct names for parts of the body (penis, testicles and vagina) and appreciate that some parts of my body are private I understand there are different types of touch and can tell you which ones I like and don't like.	It has been recommended before to use the no go zones, everywhere where underwear covers are no go zones for other people with my own body.
Year three	Discusses body changes to be able to grow a baby, changes to the body on the outside during these growing up processes.	
Year four	Discussion of egg joining the sperm and making me. Correctly label the internal and external parts of the body necessary for making a baby. Describe how a girls body changes in order for her to have babies, talks about menstruation is a natural part of this.	
Year five	Puberty for girls/ boys That sexual intercourse can lead to conception and that is how babies are typically conceived. Talks of the use of IVF to help have a baby.	
Year six	Girl talk/ boy talk- taught as single gender specific groups, preferably female lead for girls and male lead for boys. Puberty changes Conception to birth of a baby. The physical attraction of somebody else that can change the nature of relationships.	

Confidentiality and Child Protection Procedures

Teachers may become aware of sensitive information regarding some pupils. All staff need to be aware of the rules of confidentiality and reporting. Please refer to the school's Safeguarding & Child Protection Policy.

Child Withdrawal Procedures

Parents will be informed in their child's termly curriculum plan if any aspects of RHSE are to be covered.

Parents have the right to withdraw their children from part or all of the Sex Education provided **outside** National Curriculum Science. Parents wishing to withdraw their child should do the following:

1. Ask to see a copy of the schools RHSE policy and Scheme of Work.
2. Ask for an appointment with the class teacher and headteacher to discuss the withdrawal of the child from aspects of Sex Education.
3. Following this meeting, put in a written request stating which part of the programme they wish the child to be excluded from.

Using Outside Visitors

RHSE in our school is sometimes supported by the School Nurse.

We use visitors to support our planned teacher lead programme of education, in line with national and local guidance. We are careful to negotiate the use of visitors in line with the protocol for using visitors in Wiltshire Schools so that their contribution fits our needs and they are clear how their input fits into our planned programme.

Monitoring and Evaluation

Monitoring will take place by the PSHEE leader in accordance with the school's monitoring and evaluation cycle and beyond if determined necessary.