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| PHSEE enquiry | Programme of study  | Knowledge and interpretation | Vocabulary  |
| Being me in my world | * Feeling special and safe
* Being part of a class
* Rights and responsibilities
* Rewards and feeling proud
* Consequences
* Owning the learning charter
 | * I feel special and safe in my class
* I know that I belong to my class
* I know how to make my class a safe place for everybody to learn
* I recognise the range of feelings when I face certain consequences
* I understand my choices
 | For RSE vocabulary see ‘specific learning’Special, Safe, Community, Consequences, RewardsSimilarities, Differences, Bullying, CelebratingSuccess, Achievement, Learning styles, Overcoming obstaclesMedicine, Medication, Road safetyBelonging, Physical contact, Preferences, CelebrationsLife cycles (animal/human), Male, Female, Changes |
| Celebrating difference | * Similarities and differences
* Understanding bullying and knowing how to deal with it
* Making new friends
* Celebrating the differences in everyone
 | * I can tell you some ways I am different from my friends
* I understand these differences make us all special and unique
* I can tell you some ways in which I am the same as my friends
* I understand how being bullied might feel
* I can be kind to children who are bullied
* I know how it feels to make a new friend
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| Dreams and goals | * Setting goals
* Identifying successes and achievements
* Learning styles
* Working well and celebrating achievement with a partner
* Tackling new challenges
* Identifying and overcoming obstacles
* Feelings of success
 | * I can tell you how I feel when I succeeded in a new challenge and how I celebrated it.
* I know how to store my feelings of success in my internal treasure chest
* I can identify my successes and achievements
* I can tell you how I learn best
* I can celebrate achievement with my partner
* I can identify how I feel when I am faced with a new challenge
* I know how I feel when I see obstacles and how I feel when I overcome them.
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| Healthy me | * Keeping myself healthy
* Healthier lifestyle choices
* Keeping clean
* Being safe
* Medicine safety/ safety with household items
* Road safety
* Linking health and happiness
 | * I can tell you why I think my body is amazing and can identify some ways to keep it safe and healthy
* I can recognise how being healthy helps me to feel happy
* I feel good about myself when I make healthy choices
* I am special so I keep myself safe
* I know some ways to help myself when I feel poorly
* I can recognise when I feel frightened and know who to ask for help
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| Relationships  | * Belonging to a family
* Making friends/ being a good friend
* Physical contact preferences
* People who help us
* Qualities as a friend and person
* Self-acknowledgement
* Being a good friend to myself
* Celebrating special relationships
 | * I can tell you why I appreciate someone who is special to me
* I can express how I feel about them
* I know how it feels to belong to a family and care about the people who are important to me
* I know how to make new friends
* I can recognise which forms of physical contact are acceptable and unacceptable to me
* I know when I need help and know how to ask for it
* I know ways to praise myself
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| Changing me | * Life cycles – animal and humans
* Changes in me
* Changes since being a baby
* Differences between female and male bodies (correct terminology)
* Linking growing and learning
* Coping with changes
* transition
 | * I can identify the parts of the body that make boys different to girls and can use the correct name for these.
* I respect my body and understand which parts are private
* I understand that changes happen as we grow and that this is ok
* I know that changes are ok and that sometimes they will happen whether I want them to or not
* I understand that growing up is natural and that everybody grows at different rates
* I enjoy learning new things
* I know some ways to cope with changes
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| Specific learning |
| British Values | Programme of study  | Knowledge and interpretation | Cultural Capital |
| DemocracyRule of lawIndividual libertyMutual respectTolerance of those of different faiths and beliefs | RSE:* I can tell how my body has changed since I was a baby.
* I can identify the parts of the body that make boys different to girls and can use the correct names
 | Using the terms penis, testicles and vagina |  |