

# Helping the UK grow- with First News

<https://www.helpingtheukgrow.co.uk/>

Helping the UK Grow is a brand-new First News, children's movement to unite the country after a difficult year for so many people.

As a school we realise how important it is for children to get outside, get energised and make a positive step forward. With this in mind, we would love to take part in this First News campaign.

**Why?** The pandemic has meant families and friends have been forced to spend time apart. But, as we continue in our efforts to defeat the virus, First News is looking forward to better times ahead when we will all pull together. We are all part of one United Kingdom rooting for our country. The pandemic has forced many of us to grow apart. But, looking ahead, we will be growing side by side.

**Who?** From young to old, First News is urging everyone to play their part in Helping the UK Grow again.

**What?** So, today, we are launching the **#HelpingTheUKGrow** challenge by asking everyone to plant something as a symbol of hope and growth for all our futures. It might be bulbs in your garden, a tree at school, or cress on your windowsill. Wherever you are, and whoever you are, let's all grow together.

**How?** Please take a photo of your planting and upload it here so we can share the wonderful growth of hope





spreading throughout the country. Each flower, herb, plant or tree will be shown on our #HelpingTheUKGrow map and every picture will form part of a countrywide mosaic.

**Share...** we'd love all families and schools to share their photos and videos on social media and challenge others to join the movement, using the hashtag #HelpingTheUKGrow.

Together, we will grow through what we've been through. And, it is only by growing that we will blossom.

Visit:

<https://www.helpingtheukgrow.co.uk/>

 <b>PLANT</b> Plant your seedling (indoors or outdoors!) taking into consideration the season and location	 <b>PICTURE</b> Take a picture of you planting or just what you're planting if you'd prefer	 <b>UPLOAD</b> Upload your pictures and we'll start to publish them in the next few weeks.	 <b>CHALLENGE</b> Challenge 3 friends to do the same!
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**UPLOAD YOUR PICTURES!**

<input type="text" value="Planter's First Name"/>	<input type="text" value="Planter's Last Name"/>
<input type="text" value="Contact Email (parent's if under 16)"/>	<input type="text" value="Postcode of planting area"/>
<input type="text" value="What was it you planted?"/>	
<input type="button" value="Upload Your Picture"/>	

Please also fill these in if you are uploading on behalf of a school:

<input type="text" value="Teacher Name"/>	<input type="text" value="School type"/>
<input type="text" value="School name"/>	<input type="text" value="Postcode"/>

**Your Privacy**

I confirm I am happy for the image and planter's name to be published on the website.

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